

BLENDED INTENSIVE PROGRAMME (BIP)_DIVERSITY AND SOCIAL INCLUSION (DiSI)

Dear student, dear colleague,

on behalf of the Bachelor's degree programme Healthcare and Nursing at the <u>University of</u> <u>Applied Sciences for Health Professions Upper Austria</u> and the <u>COHEHRE-ACADEMY</u>, we would like to welcome you to our Blended Intensive Programme DIVERSITY AND SOCIAL INCLUSION (DISI). A journey into debating, listening and discussing issues around the most vulnerable groups of people in our societies.

The opportunity of to study together with students from other countries in English, in another country and to share expertise between international universities is unique.

We are proud to offer you the chance to be part of such an innovative and exciting project. By combining our shared goals of increasing internationalisation abroad and at home, we hope you will experience an inspirational as well as educational journey. Welcome!

We look forward to working with all of you,

Erich Weiss International Coordinator Bachelor Programme Healthcare and Nursing University of Applied Sciences for Health Professions Upper Austria /COHEHRE ACADEMY – Student Courses erich.weiss@fhgooe.ac.at



Programme Overview

Content of the BIP

Check out the **DiSI manual**! It offers a more detailed overview of the contents of the Blended Intensive Programme (BIP). The programme consists of an intensive five-day face-to-face training programme, preceded by a virtual component (see timetable in grey box



Figure 1 Photocredit: LinzTourismus_Sigalov_Alex

Course language: English

below).

Objectives and description

The Diversity and Social Inclusion (DiSI) program focuses on increasing awareness of various social inequalities that stem from the diverse nature of our contemporary societies. It aims to develop essential skills in future educators, healthcare professionals and social workers through an interdisciplinary model called ICIC, which utilizes a blended learning approach. This model has the potential to enhance sensitivity towards cultural, socia-economic and health differences as well as address the unequal distribution of social resources. Future professionals in the program play a crucial role in bridging social gaps in their everyday work. Therefore, their training must place a strong emphasis on developing socio-cultural sensitivity, intercultural communication and cooperation skills. DiSI - increasing awareness of social inequalities!

Schedule

The compulsory **virtual** component starts before your journey to Austria on the following days: **16 & 23 & 30 April 2025**

The **intensive part** starts on Monday 05 May 2025 so we'd like you to plan your travel so that you arrive in Linz, Austria, on **Sunday 04 May 2025, before 19.00.**

The course ends on Friday 09 May 2025, with a closing event at 16.00. Departure is on Friday evening or Saturday 10 May 2025.

Welcome@arrival: Sunday 04 May 2025 – with an informal chat and Austrian beer. Austrian students are also welcome! (exact location t.b.a.)



Information for sending universities

Official BIP information

BIP title BIP-ID Field of education ECTS: Virtual component timing

1 travel day before the course 5 days of intensive programme (for Erasmus+ funding) 1 travel day after the course Diversity and Social Inclusion (DiSI) 2024-1-AT01-KA131-HED-000224507-1 09: Health and welfare 3 ECTS Before the course in Linz: 16th, 23rd, 30th April 2025 (three days) Arrival on Sunday, 04 May 2025 Monday, 05 May 2025 until Friday, 09 May 2025 (five working days) Departure possible from Friday, 09 May after 17.00 Departure recommended on Saturday or Sunday to enjoy the weekend in Austria

Nomination of students

You are invited to submit the nominated students (max. 4/institution) via this link.
Only coordinators are permitted to submit these nominations, not students!
Nomination deadline: 19 January 2025
Confirmation of registration for higher education institutions: between 21 – 22 January 2025
Please note the application deadline for students: 01 February 2025 (see page 4)

Application of students

Students must complete their online application in good time - see below (information for participants). Only after completing the application, they will they receive a final notification of acceptance/rejection.

Inter-Institutional Agreement (IIA)

Please bear in mind that having a suitable Inter-Institutional Agreement (IIA) in time is a prerequisite for sending students to the UAS for Health Professions Upper Austria via Erasmus+! Please inform your international relations office in good time if you intend to send students to Austria for a BIP.

Beneficiary Module

After that you will be added as project partners in the Beneficiary Module. Please link your students to our BIP with the BIP-ID 2024-1-AT01-KA131-HED-000224507-1.

Learning Agreement

Will be set up online.

Participation in virtual component is mandatory



Information for participating students

Application

After being nominated by the home university, students need to fill in the online application form until 01 February 2025.

Link to the online application form for students

Night: book your own ho(s)tel

The programme takes place in Linz, a city with a rich industrial heritage and a vibrant cultural scene. Rent a bike or e-scooter or take long walks along the Danube, Linz's waterway. Educational activities take place on/near to our central campus. Project work takes place all over Linz but is easily accessible by public transport and with the help of your local buddies.

You get to book your own accommodation. Students usually book Airbnb's or ho(s)tel rooms. On a smaller budget you can share a dormitory or family room, such as at <u>"Mama Muh – takes</u> <u>care of you"</u>, in the heart of the city. Staying in a hostel or shared apartment gives you more opportunities to get to know each other, have fun together, network and plan social time.

Day: meals

Sunday (arrival day): One welcome drink is included During the intensive programme are **5 hot lunches and beverages included**

Social Programme

Sunday evening, 04 May 2025:Welcome@arrival – informal chat and Austrian beerThursday evening, 08 May 2025:Cultural evening

Online Classes via MS TEAMS

During the PART 1 – online part on **16**, **23**, **30** April **2025**, we will use MS Teams and MIRO as a platform to connect and to share all materials.

Before the start of the online part (mid-April), you will receive an email with an invitation to MS Teams. You will then have to familiarise yourself with how it works and get to know your lecturers and fellow students virtually.

Venue: Campus for educational activities

UAS for Health Professions Upper Austria Med Campus VI. Paula-Scherleitner-Weg 3 4020 Linz plan route here



Funding



Incoming international students are invited to apply for an Erasmus+ funding (short term blended mobility) at their home university. If granted, it covers travel & accommodation & subsistence.

If your home university does not provide Erasmus+, you are welcome to join anyway!

As an incoming international student, you will upload your Learning Agreement following the instructions provided to you by your home university's International Coordinator. Once you have followed the procedure, we will be able to approve your Learning Agreement online. At the end of the programme, all students receive a Certificate of Attendance and a Transcript of Records.

Payment for accommodation and subsistence in Linz

- Students are required to pay for the cost of their own accommodation.
- Incoming students pay 65 Euro for four lunches, coffee breaks, welcome dinner and social evening, local transport during the field work.
- Included is also the 'dinner and dance evening' in Linz.
- Local students don't pay as the course is co-funded by Erasmus+
- As the programme is funded by Erasmus+, participants pay no tuition fee for any activity and social-cultural programme.

After your application has been confirmed by the UAS for Health Professions Upper Austria, you will receive the payment details/payment deadline.

Do you plan extra time in Austria?

If you are planning an extra holiday in Austria, we recommend that you arrive before the course and book a few nights in a youth hostel in Vienna or Salzburg. These beautiful and exciting cities are only an hour and a half away by train from Linz.

Transportation

Situated in central Europe, Austria is easily accessible by train. We encourage you to travel green! There are two train companies in Austria, choose your best option using the links below.

- <u>ÖBB</u> is Austria's largest provider of mobility services
- WESTbahn is a private provider of long-distance rail passenger services in Austria

Do you have further questions about the programme? mail to erich.weiss@fhgooe.ac.at

