

COHEHRE Symposium



All the information you need.

How to get to our venue, what hotels to stay in and much more!

Scuola universitaria professionale
della Svizzera italiana

SUPSI

Logistics

Venue

The event will take place at **Via Cantonale 18, 6928 Manno, Entry Est**. There will be guides and directional signs to assist you. **Telephone:** TBD. A cloakroom will be available for guests right outside the building's auditorium.

Congress Information and Schedule

To ensure a smooth and enjoyable experience for all attendees, here are the key details about the **two-day congress**, including logistics, schedules, and useful information.

Day 1 – May 15, 2024

Welcome & Registration (11:30 – 13:00)

The welcome reception and registration will take place in the atrium of the Suglio Business Center (Ground Floor). Clear directional signs will be available throughout the venue to guide attendees to the registration area. Catering by 1908 will provide a standing aperitif-style lunch in the same atrium. Attendees will receive their badge and merchandising bag during registration.

Opening & Congress Sessions

Following the welcome session, the congress sessions will begin. Attendees will participate in discussions, workshops, and presentations throughout the afternoon.

Coffee Break (15:30 – 16:00)

A short break will be provided with coffee and refreshments.

Evening Program – Dinner in Lugano (starting from 20:00)

The day will conclude with a standing dinner in Lugano, offering guests an opportunity to explore the city's charming streets before heading back to their hotels.

Day 2 – May 16, 2024

Opening & Congress Session

Following a quick welcoming time, the second congress sessions will begin. Attendees will participate in more discussions, workshops and presentation throughout the afternoon.

Coffee Break (10:45 – 11:15)

A mid-morning break with coffee and refreshments will be available for attendees.

Farewell Lunch (13:00 – 14:00)

A final lunch will be offered before the closing of the congress. Attendees will have the option to dine together or choose a takeaway lunch for convenience.

Routes

The closest airports are **Milano Malpensa (MXP)** and **Zürich (ZRH)**. Lugano has its own train station right in the center of the city, which offers a quick connection to Lamone Cadempino train station near Manno, where the Symposium will take place.

From Milan Malpensa Airport (MXP) to Lugano

By Train

Take the Malpensa Express from Malpensa Airport to Milano Centrale (about 50 min). From Milano Centrale, take an EuroCity or regional train to Lugano (about 1h).

App recommended: Trenitalia or SBB Mobile

Link: <https://www.trenitalia.com/it.html> ; <https://www.sbb.ch/it>

By Bus

Direct bus services like FlixBus or Malpensa Express Bus connect Malpensa Airport to Lugano.

App recommended: FlixBus

Link: <https://www.flixbus.ch/>

By Taxi or Private Transfer

You can book a private transfer or taxi directly from Malpensa to Lugano.

App recommended: Uber

From Zürich Airport (ZRH) to Lugano

By Train

Direct InterCity (IC) trains from Zürich Airport to Lugano run frequently (approx. 2h travel time).

App recommended: SBB Mobile

Link: <https://www.sbb.ch/it>

By Private Transfer

Direct taxi service from Zürich to Lugano.

App recommended: Taxi Lugano

Link: <https://www.lugano.ch/en/vivere-lugano/muoversi-lugano/trasporti-pubblici/taxi/>

From Lugano Train Station to the Venue

By Bus

Take Bus **445-Lamone Stazione** to the bus stop "Manno, Suglio" or Bus **TPL 5-Manno** to the bus stop "Manno, Uovo di Manno".

App recommended: Google Maps, SBB Mobile

By Taxi

Taxi services are available at the station. You can book a taxi through **Taxi Lugano** (<https://www.lugano.ch/en/vivere-lugano/muoversi-lugano/trasporti-pubblici/taxi/>).

For Guests Arriving by Car

Parking options in Manno are limited. If you plan to arrive by car, please inform us in advance so we can reserve a parking spot at the **Suglio Business Center**. The Suglio Business Center is just out of the "Lugano Nord" A2 highway exit in Manno. Useful navigation apps to reach "SUPSI Manno, Lugano" can be **Google Maps** or **Waze**.

Digital Assistance via WhatsApp

Guests will receive detailed info through the WhatsApp group:

- Location details and navigation support
- Photos for orientation
- Meeting time reminder

Map of the area

Here you can find a map of the area surrounding the venue:



The dotted line represents the short walk from the bus stop to the entrance of the venue. On low-right corner you can see the A2 highway and the exit you need to take to reach us!

Other info

Food and Drinks

Restaurant

The first lunch break will be served as a standing buffet at the venue, provided by 1908 Catering, which also operates a bar and canteen within the building.

Snacks & Drinks

Throughout the two-day event, free snacks and drinks will be available in the common areas, including spaces outside the auditorium and activity rooms.

Dinner in Lugano

All guests are invited to a special dinner in the city of Lugano, featuring local specialties in a central location. This will be an opportunity to connect, relax, and explore the local culture and surroundings. After dinner, attendees will be free to sightsee or enjoy a walk by the lake before heading back to their hotels.

Group Photo

During the dinner, we plan to take a group photo at a beautiful spot near the restaurant by the lake. We believe this will be a great opportunity to capture some memorable pictures near the famous "**I Love Lugano**" sign.

Gifts for Guests

Each guest will receive a gift bag containing **local specialties** to take home, along with souvenirs from the event.

Lugano and Ticino

Exploring the Region

We highly encourage our guests to take advantage of their time in Switzerland and explore the beauty of Ticino, Zurich, and Milan. Whether you are traveling solo or with family, here are some suggestions for must-visit locations and activities that capture the essence of these destinations.

Discovering Ticino: nature, culture & Swiss charm

Ticino offers a unique blend of Mediterranean vibes, alpine landscapes, and Swiss culture. Here are some recommendations:

For nature lovers & adventure seekers

- *Parco Ciani (Lugano)*, the city's most beautiful park, ideal for a relaxing stroll along the lake, picnics, or enjoying the view of the Swiss Alps.
- *Monte Brè & Monte San Salvatore (Lugano)*, take the funicular ride for breathtaking panoramic views of Lugano and the surrounding valleys. Ideal for both hikers and those who just want to enjoy the view.
- *Valle Verzasca & Ponte dei Salti*, a picture-perfect valley with emerald-green waters and stone bridges. Great for hiking and swimming in summer.
- *Swissminiatur (Melide)*, a fun and educational experience showcasing Switzerland in miniature, perfect for families.

For cultural & history enthusiasts

- *Castles of Bellinzona (UNESCO World Heritage)*, three medieval castles that take you back in time, with guided tours and exhibitions on Ticino's history.
- *Hermann Hesse Museum (Montagnola)*, a must for literature lovers, dedicated to the Nobel Prize-winning writer who lived in Ticino.
- *LAC - Lugano Arte e Cultura*, the city's modern art and culture center, featuring exhibitions, theater performances, and concerts.

For food & wine lovers

- *Wine tasting in Mendrisiotto*, Ticino is famous for its **Merlot wines**, and we recommend visiting local wineries for a **degustation tour**.
- *Grotto dining experience*, traditional Ticinese grotti offer an authentic taste of local specialties, such as polenta, risotto, and braised meats.

Personalized experiences and recommendations

If you need tailored suggestions based on your interests, feel free to ask! We are happy to help you plan an unforgettable experience during your stay in Switzerland and beyond.