

## For nature & adventure lovers

**Parco Ciani, Lugano:** the city's most beautiful park, ideal for a relaxing stroll along the lake and for picnics.

**Monte Brè & Monte San Salvatore:** take the funicular ride for breathtaking panoramic views of Lugano and the surrounding valleys.

**Valle Verzasca & Ponte dei Salti:** a picture-perfect valley with emerald-green waters and stone bridges.

**Swissminiatur:** a fun and educational experience showcasing Switzerland in miniature, perfect for families.

## For food & wine lovers

**Wine tasting in Mendrisiotto:** Ticino is famous for its Merlot wines! Visit local wineries for a degustation tour.

**Grotto dining experiences:** traditional Ticinese grotti offer an authentic taste of local specialties, such as polenta, risotto, and braised meats.

## For cultural & history enthusiasts

**Castles of Bellinzona** (UNESCO World Heritage): three medieval castles that take you back in time, with guided tours and exhibitions on Ticino's history.

**Hermann Hesse Museum:** a must for literature lovers, dedicated to the Nobel Prize-winning writer who lived in Ticino.

**LAC** - Lugano Arte e Cultura: the city's modern art and culture center, featuring exhibitions, theater performances, and concerts.


## Find out more about Ticino!

 [Ticino Turismo](#)

 [MySwitzerland](#)

 [@Ticino Turismo](#)

 [@MySwitzerland](#)

 [@ticinoturismo](#)

 [@myswitzerland](#)

# EXPLORE TICINO

## Symposium COHEHRE 2025

by SUPSI



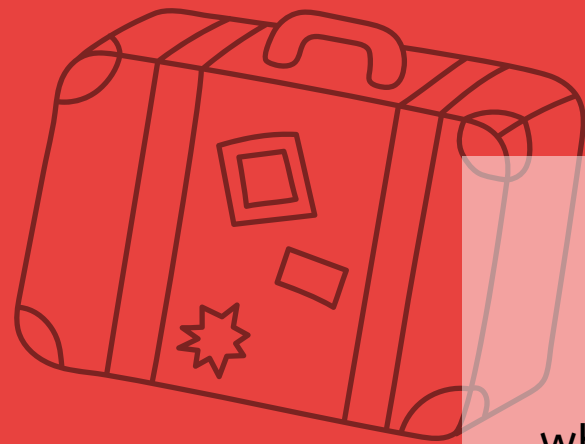
Scuola universitaria professionale  
della Svizzera italiana

**SUPSI**





## Dive into the urban excitement just a short journey away!



### Discover Zürich!

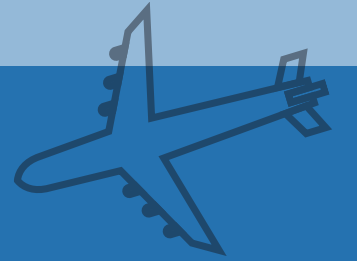
For those arriving via Zurich Airport, why not take some time to explore the city? Here are some highlights.



**Lake Zurich & Boat Tour**, a scenic boat ride is a fantastic way to enjoy the city from the water.

**Lindt Home of Chocolate**, a perfect stop for chocolate lovers. Visit the museum, learn about Swiss chocolate history, and taste different varieties.

**Swiss Science Center Technorama**, an interactive science museum perfect for families with kids.



**Duomo di Milano & Galleria Vittorio Emanuele II**, visit the stunning cathedral, then walk through the historic shopping arcade.

**Leonardo da Vinci's Last Supper**, one of the most famous artworks in the world, we recommend buying tickets in advance!

**La Scala Theatre**, for opera and music lovers, a quick visit to one of the most prestigious theaters in the world.



### Discover Milan!

For those flying via Milan Malpensa, a visit to the city is highly recommended. Here's what to see in a short time.



The cosmopolitan hubs of Zurich and Milan await your exploration. Both vibrant cities are just a two-hour trip from Manno, perfect for a daytrip or weekend getaway to complement your Ticino experience.